

Meringues Ingredients

(makes about 12)
6 large egg whites
1½ cups granulated sugar
Pinch cream of tartar
Pinch of coarse salt
1½ teaspoons vanilla extract

Directions:

Heat the oven to 200°F.

Combine the egg whites, cream of tartar, salt and sugar in the heatproof bowl of an electric mixer, and set over a pan of simmering water. Whisk constantly until the sugar is completely dissolved, and the mixture is hot to the touch, about 3 minutes. Transfer to a stand mixer fitted with the whisk attachment, and beat until stiff, glossy peaks form, 5 to 7 minutes. Mix in the vanilla.

Line 2 baking sheets with parchment or baking mat. Dollop the meringue into 12 equal piles, and make a little depression with the back of a soup spoon in each one. Bake the meringues for 2 hours. Turn off oven and leave until cool. (it's best to make these the day before or morning of the day you want to serve them.)

(Makes about 2 cups)

1/2 cup lemon juice

6 egg yolks

1 cup sugar

4 teaspoons freshly grated lemon zest

Lemon Curl Ingredients

1 stick (8 tablespoons) cold unsalted butter, cut into pieces Directions:

Combine the lemon juice, egg yolks, and sugar in a non-reactive bowl. Whisk until

smooth. Transfer the mixture to a heavy non-reactive saucepan and cook over medium heat, stirring constantly with a wooden spoon, until hot, 5 to 10 minutes. The mixture should begin to thicken as the temperature increases. Once thick (it should coat the back of the spoon), reduce the heat and cook for an additional 5 to 10 minutes, stirring continuously.

Remove the saucepan from the heat and strain over a bowl. Stir in the lemon zest and butter until the butter has completely melted. Cool slightly before using. Curd can be stored in the refrigerator in an airtight container up to 1 week. Warm over a double boiler or microwave briefly to return it to liquid form. It will set up again when chilled.

